

**Harbor-UCLA Medical Center  
GOALS & OBJECTIVES**

**Psychiatric Emergency  
Transitional Year Intern Rotation**

**Contact Information:**

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**Location- Psych ER on the 1<sup>st</sup> Floor of the main Hospital (310) 222-3144**

**Check In- 8:00 AM**

**Type of Rotation: Elective**

**Duration of Rotation: 4 weeks**

**TEACHING GOALS:**

- To provide TY Residents an opportunity to evaluate and treat common psychiatric problems
- For TY Residents to understand the role of a behavioral medicine consultant in the care of the medical patient
- For TY Residents to be able to perform and report a focused history on a patient with psychiatric concerns
- For TY Residents to understand the indications for prescribed medications for the treatment of common psychiatric problems

**SPECIFIC ROTATION OBJECTIVES:** TY Residents will acquire the following skills and knowledge upon completion of the Psychiatric Emergency Medicine rotation.

- Gain familiarity with the phenomenologic mental status examination.
- Develop interviewing and accurate database gathering skills.
- Gain proficiency in formulating differential diagnostic considerations including emergency psychiatric manifestations in dual diagnoses.
- Learn to make accurate assessments of suicidal potential.
- Learn crisis intervention strategies for effective management of patients presenting with adjustment and personality disorders.
- Acquire familiarity with emergency psycho-pharmacological intervention through the use of various psychiatric medications.
- Learn to make appropriate disposition (admission, discharge and referral decisions based on sound treatment planning principles.

## Principle Educational Goals Based on the ACGME General Competencies

In the tables below, the principle educational goals for the Psychiatry and Behavioral Medicine curriculum are listed for each of the six ACGME competencies

- 1) Patient Care
- 2) Medical Knowledge
- 3) Practice-Based Learning and Improvement
- 4) Interpersonal and Communication Skills
- 5) Professionalism
- 6) Systems-Based Practice

- The abbreviations for the types of learning environments and evaluation methods are defined below.

### **Learning Environments:**

EPR Emergency psychiatric rounds  
HBS Hospital-based service

### **Evaluation Methods:**

ME Monthly evaluation  
CP Case presentations to Attending

## ***Competency-based Goals and Objectives of the Psychiatric Emergency Medicine Rotation:***

### **1) Patient Care**

<b>Objective</b>	<b>Learning Environment</b>	<b>Evaluation Method</b>
Perform a focused psychiatric exam with particular attention to patient's complaints and functional ability	EPR HBS	ME CP
Formulate a management plan	EPR HBS	ME CP
Clearly document patient management in the medical record	EPR HBS	ME CP

## 2) Medical Knowledge

Objective	Learning Environment	Evaluation Method
Recognize the presenting symptoms of common psychiatric problems, including but not limited to: <ul style="list-style-type: none"> <li>• Depression</li> <li>• Anxiety and panic disorder</li> <li>• Somatization disorder</li> <li>• Substance abuse</li> </ul>	EPR, HBS	ME CP
Formulate differential diagnosis for common psychiatric diseases	EPR, HBS	ME CP
Use diagnostic and therapeutic options appropriately	EPR, HBS	ME CP
Recognize when patient needs referral to behavioral medicine or other medical services	EPR, HBS	ME CP

## 3) Practice-Based Learning and Improvement

Objective	Learning Environment	Evaluation Method
Be able to perform a literature search to answer clinical questions	EPR, HBS	ME
Identify deficiencies in knowledge base and develop independent means to address them	HBS	ME

#### 4) Interpersonal and Communications Skills

<b>Objective</b>	<b>Learning Environment</b>	<b>Evaluation Method</b>
Communicate effectively and compassionately with patients	EPR, HBS	ME
Effectively communicate patients' needs to other providers	EPR, HBS	ME
Facilitate functioning of multidisciplinary team	EPR, HBS	ME

#### 5) Professionalism

<b>Objective</b>	<b>Learning Environment</b>	<b>Evaluation Method</b>
Interact with patients, colleagues and hospital staff in a respectful manner	EPR, HBS	ME CP
Maintain patient confidentiality and HIPAA guidelines	EPR, HBS	ME CP

#### 6) Systems-Based Practice

<b>Objective</b>	<b>Learning Environment</b>	<b>Evaluation Method</b>
Understand the role of multidisciplinary care for the management of patients with psychiatric problems	EPR, HBS	ME CP
Understand appropriate referrals for psychiatric emergency care	EPR, HBS	ME CP